Making Healthy Living Easier



Partnerships to Improve Community Health (PICH)

The Centers for Disease Control and Prevention (CDC) continues to improve the health and wellness of Americans through the PICH program. PICH is a 3-year initiative that supports implementation of evidence-based strategies to improve the health of communities and reduce the prevalence of chronic disease.

PICH builds on a body of knowledge developed through previously funded CDC programs and encourages collaborations with a multisectoral coalition to implement sustainable changes in communities where people live, learn, work, and play.

Chronic Disease Burden in the United States

In the United States, the chronic disease burden is growing at a significant pace. More than half of American adults have at least one chronic disease, and 7 of 10 deaths are caused by chronic diseases. In addition, care and treatment of chronic diseases account for 86% of the nation's health care costs.

Obesity and many chronic diseases, including heart disease, cancer, stroke, and type 2 diabetes, are preventable. PICH addresses risk factors that contribute to these conditions:

- Tobacco use and exposure.
- · Poor nutrition.
- Physical inactivity.
- Lack of access to opportunities for chronic disease prevention, risk reduction, and disease management.

Approach to Improving Health

PICH awardees are implementing population-based strategies, tailored to individual community needs, across various settings (community institutions/organizations, health care facilities, schools, and worksites), to create greater access to healthier environments.

With the goal of reducing chronic disease prevalence and related risk factors, PICH is expected to improve health outcomes for people across the country.

Examples of community strategies include:

- Protecting people from secondhand smoke exposure in indoor and outdoor spaces.
- Promoting nutrition guidelines that encourage healthy food and beverage options in schools and worksites.

National Center for Chronic Disease Prevention and Health Promotion

Division of Community Health

PARTNERSHIPS TO IMPROVE COMMUNITY HEALTH

- Increasing physical education classes so children have more physical activity opportunities each day.
- Increasing the number of multi-disciplinary teams (i.e., physicians, pharmacists, community health workers) that help patients manage their chronic diseases.

Awardees

PICH awards will total \$150 million over 3 years. PICH funds a variety of governmental agencies and nongovernmental organizations, including school districts, local governments, hospital and health

systems, community-based organizations, public health offices, and American Indian tribes/tribal organizations.

In FY 2014, CDC awarded \$49.3 million to 39 awardees representing three designated geographic areas, including:

- 1. \$30.9 million in awards to 13 large cities and urban counties with populations of 500,000 or more.
- 2. \$14.2 million in awards to 20 small cities and counties with populations between 50,000 and 499,999.
- 3. \$4.2 million in awards to six American Indian tribes/ tribal organizations.

| LARGE CITIES AND URBAN COUNTIES | | | |
|---------------------------------|--|---|--------------|
| State | Locality | Awardee | Award Amount |
| California | Cities of Anaheim, Garden Grove, and Santa Ana | Community Action Partnership of Orange County | \$1,385,251 |
| | Santa Clara County | County of Santa Clara | \$1,901,813 |
| | Fresno County | Fresno County Department of Public Health | \$1,585,154 |
| | City of Los Angeles | Los Angeles County Office of Education* | \$3,600,000 |
| Florida | Broward County | Broward Regional Health Planning Council, Inc. | \$1,719,743 |
| | Pinellas County | Pinellas County | \$866,517 |
| | Miami-Dade County | Miami-Dade County | \$3,353,274 |
| Georgia | Fulton County | Fulton County | \$2,971,528 |
| Illinois | Suburban Cook County | Cook County Department of Public Health | \$2,480,807 |
| Massachusetts | Boston | Boston Public Health Commission | \$1,800,000 |
| Nevada | Clark County | Southern Nevada Health District | \$2,650,555 |
| New York | New York City | Fund for Public Health in New York, Inc. | \$3,600,000 |
| Washington | King County | Seattle-King County Department of Public Health | \$2,966,405 |

| SMALL CITIES AND COUNTIES | | | |
|---------------------------|--|--|--------------|
| State | Locality Awardee | | Award Amount |
| California | Merced County | Merced County Department of Public Health | \$1,350,000 |
| | Lake County | North Coast Opportunities | \$472,770 |
| | Solano County | Solano County Public Health Services, County of Solano | \$1,231,198 |
| Delaware | New Castle County | Nemours Alfred I. duPont Hospital for Children | \$607,311 |
| Florida | Marion County | Heart of Florida Health Center | \$1,349,638 |
| Georgia | Carroll, Haralson, and Heard Counties | Tanner Medical Center, Inc. | \$859,413 |
| Illinois | Quad Cities | Trinity Medical Center | \$426,869 |
| lowa | Woodbury County | Woodbury County | \$120,458 |
| Kansas | Douglas County (Lawrence) | Lawrence-Douglas County Health Department | \$448,578 |
| Maine | Northern Maine | Eastern Maine Healthcare Systems (EMHS) | \$1,350,000 |
| Maine | Kennebec and Somerset Counties | MaineGeneral Medical Center | \$489,277 |
| Mississippi | Center-Southwest Mississippi River Region | My Brother's Keeper, Inc. | \$1,350,000 |
| Nebraska | Lincoln (Lancaster County) | Partnership for a Healthy Lincoln | \$685,886 |
| New Hampshire | Cheshire County | Cheshire Medical Center | \$372,663 |
| New Jersey | Vineland (Cumberland County), New Jersey | Cumberland Cape Atlantic YMCA | \$450,000 |
| New York | New York Schenectady County Schenectady County | | \$450,000 |
| North Carolina | Northeast North Carolina | Albemarle Regional Health Services | \$439,641 |
| Ohio | Lucas County (Toledo) | Hospital Council of Northwest Ohio | \$837,389 |
| Ohio | Allen County | The Lima Family YMCA | \$450,000 |
| South Carolina | Greenville | YMCA of Greenville | \$472,851 |

PARTNERSHIPS TO IMPROVE COMMUNITY HEALTH

| AMERICAN INDIAN TRIBES AND TRIBAL ORGANIZATIONS | | | |
|---|---|---|--------------|
| State | Locality | Awardee | Award Amount |
| Arizona | Fort Defiance Service Delivery Areas | Fort Defiance Indian Hospital Board, Inc. | \$824,823 |
| California | Inyo and Mono Counties | Toiyabe Indian Health Project | \$673,340 |
| Michigan | Alger, Chippewa, Delta, Luce, Mackinac, Marquette, and Schoolcraft Counties | Sault Ste. Marie Tribe of Chippewa Indians | \$810,000 |
| South Dakota | Multiple Tribes | Great Plains Tribal Chairmen's Health Board | \$725,628 |
| Oklahoma | Adair, Cherokee, Delaware, Mayes, and Sequoyah Counties | Cherokee Nation | \$900,000 |
| | Pawnee County | Pawnee Nation of Oklahoma | \$267,346 |



For more information about PICH, visit http://www.cdc.gov/nccdphp/dch/programs/partnershipstoimprovecommunityhealth/pich.html

City of Milpitas, California

BUDGET CHANGE FORM

| | | From | | To | |
|------------|------------------------|----------|-----------|--------------|--------|
| Type o | of Change | Account | Amount | Account | Amount |
| Check one: | | • | | 100-300-4111 | 656 |
| | | | | 100-415-4111 | 6,177 |
| X | Budget Appropriation | 100-3576 | \$ 35,000 | 100-112-4112 | 6,163 |
| | | | | 100-115-4111 | 569 |
| | Budget Transfer | | | 100-168-4201 | 21,435 |
| | • | | | | |
| | | | | | |

Adopt a Resolution to Accept a Partnerships to Improve Community Health (PICH) Grant from the County of Santa Clara in the amount of \$35,000 (Staff Contact: Renee Lorentzen, 586-3409)

Background: The City of Milpitas applied for and won a Partnerships to Improve Community Health (PICH) Grant in the amount of \$35,000 from the County of Santa Clara. This grant encourages programs and collaborations to implement sustainable changes in communities where people live, learn, work, and play. Through this grant, City staff will be working on healthy eating programs and education for youth and for City employees, encourage physical activity and active transit by establishing and promoting a Safe Routes to School program and increasing exposure to the City's bike routes, trails and parks.

Funds from the grant will be used for staff time, materials and marketing to facilitate the grant.

Fiscal Impact: None.

Recommendation: Adopt a Resolution to Accept the Partnerships to Improve Community Health Grant from the County of Santa Clara in the amount of \$35,000.

☒ Check if City Council Approval required.

Meeting Date: January 5, 2016

| Requested by: | Renee Lorentzen, Recreation Manager | Date: 12/22/15 |
|-----------------|-------------------------------------|----------------|
| Reviewed by: | Finance Director: Le Kee | Date: 15/10 |
| Approved by: | City Manager: | Date: |
| Date approved b | y City Council, if required: | Confirmed by: |

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Form 30-222 (Rev. 1/92)